

# WEEKLY MENU

WEEK #1 Spring/Summer

SUBJECT TO CHANGE

Date: Monday August 12<sup>th</sup>, 2019 – Sunday August 18<sup>th</sup>, 2019

## Monday

**Alternate Daily Choice:** Roast Beef Slice, Carrots

**DINNER:** Sweet & Sour Chicken on Rice, Roasted Vegetables, Roll  
Strawberry Rhubarb Pie

**SUPPER:** Lasagna, Caesar Salad, Garlic Bread, Blueberries & Topping

## Tuesday

**Alternate Daily Choice:** Roast Turkey Slice, Carrots

**DINNER:** Saucy Baked Pork Chops, Gravy, Mashed Potatoes, Green Beans  
Carrot Cake

**SUPPER:** English Battered Fish / Tartar Sauce, Mashed Potatoes, Peas and Carrots Mixed,  
Mandarin Oranges

## Wednesday

**Alternate Daily Choice:** Roasted Beef Slice, Carrots

**DINNER:** Roasted Chicken, Baby Roasted Potatoes & California Blend Vegetables  
Peanut Butter Cookie

**SUPPER:** Salad Plate: Sliced Ham, Potato Salad, Coleslaw, ½ roll, Fresh Watermelon

## Thursday

**Alternate Daily Choice:** Roast Turkey Slice, Carrots

**DINNER:** Roast Beef, Gravy, Mashed Potatoes, Mixed Vegetables  
Lemon Square

**SUPPER:** Homemade Chicken Noodle Soup, Egg Salad Sandwich, Vanilla Yogurt & Berries

## Friday

**Alternate Daily Choice:** Roast Beef Slice, Carrots

**DINNER:** Lemon Pepper Sole, Tartar Sauce, Mashed Potatoes, Peas, Coleslaw, Iced Banana  
Cake

**SUPPER:** Macaroni & Cheese, Tossed Salad, Ice Cream

## Saturday

**Alternate Daily Choice:** Roast Turkey Slice

**DINNER:** Meat Loaf, Gravy, Mashed Potatoes, Buttered Cabbage & Carrots  
Cherry Cheesecake

**SUPPER:** Fried Hot Dog, Sauteed Onions, Bun, Grilled Seasoned Potatoes, Sliced Tomatoes &  
Cukes,  
Butterscotch Pudding

## Sunday

**Alternate Daily Choice:** Roast Beef Slice, Carrots

**Dinner:** Turkey & Gravy, Dressing, Mashed Potatoes, Squash, Carrots  
Gingerbread Cake with Whipped Topping

**Supper:** Corn Chowder, Seafood Salad Roll, Strawberries & Topping