

WEEKLY MENU

WEEK #3 Spring / Summer

SUBJECT TO CHANGE

Date: Monday August 5th – Sunday August 11th, 2019

Monday

Alternate Daily Choice: Roast Turkey, Carrots

DINNER: Beef Pot Pie, Gravy, Mashed Potatoes, Mixed Vegetables
Peanut Butter Cake

SUPPER: Fish Cakes, Tartar Sauce, Peas, Grilled Potatoes & onions, Pineapple & Topping

Tuesday

Alternate Daily Choice: Roast Beef, Carrots,

DINNER: Honey Garlic Pork Riblet, Mashed Potatoes, California Vegetables
Rice Pudding

SUPPER: Mac & Cheese, Tomatoes & Cukes, Mandarin Oranges

Wednesday

Alternate Daily Choice: Roast Turkey, Carrots

DINNER: Hamburgers, sliced cheese, tomatoes,
Grilled Country Style Potatoes, Coleslaw
Lemon Pie

SUPPER: Chicken Hash Brown Casserole, Green Beans
2 Chocolate Chip Cookies

Thursday

Alternate Daily Choice: Roast Beef, Carrots

DINNER: BBQ Chicken Breast, Roasted Baby Potatoes, Mixed Vegetables, Ice Cream
SUPPER:, Ham Salad Sandwiches, Cheese Portion, Pickles, Strawberry Shortcake

Friday

Alternate Daily Choice: Roast Beef, Carrots

DINNER: Baked Fish Au Gratin, Mashed Potatoes, Carrot Coins, Cherry Tart
SUPPER: Open Faced Turkey Sandwich, Gravy, Cranberry Sauce, Sweet Potato,
Orange Sherbet

Saturday

Alternate Daily: Roast Turkey, Carrots

DINNER: Cheesy Baked Spaghetti & Marinara Sauce, Meatballs, Caesar Salad, Texas
Brownie

SUPPER: Baked Beans, Potato Salad, Raisin Brown Bread,
Butterscotch Pudding

Sunday

Alternate Daily Choice: Roast Beef, Carrots

DINNER: Roast Ham with Gravy, Mashed Potato, Buttered Mashed Turnip,
Blueberry Pie with Topping

SUPPER: Egg Salad Sandwich, Homemade Chicken Vegetable Soup, Lime Jello &
Whipped Topping