

WEEKLY MENU

WEEK #3 Fall / Winter

SUBJECT TO CHANGE

Date:

Monday October 11th – Sunday October 17th, 2021

Alternate Daily Choice: Roast Turkey Slices, Carrots

DINNER: BBQ Beef Brisket, Garlic Mashed Potatoes, Corn Nibbles, Cherry Jello

SUPPER: Vegetable Quiche Pie, Bran Muffin, Ice Cream

Tuesday

Alternate Daily Choice: Roast Beef Slices, Carrots

DINNER: Shake & Bake Chicken, Gravy, Mashed Potatoes, California Blend Veg, Texas Brownie

SUPPER: Calzone Cheese & Pepperoni Pizza, Caesar Salad
White Cake & Blueberry Sauce

Wednesday

Alternate Daily Choice: Roast Turkey Slices, Carrots

DINNER: Sweet & Sour Meat Balls, Fried Rice, Sweet Potatoes,
Apple Cinnamon Pudding Cake

SUPPER: Chicken Alfredo, Garlic Toast, Rice Pudding with Cinnamon

Thursday

Alternate Daily Choice: Roast Beef Slices,

DINNER: Corned Beef, Boiled Potatoes, Carrots, Buttered Cabbage, Pumpkin Pie

SUPPER: Homemade Vegetable Soup, Egg Salad Sandwiches
Orange Sorbet

Friday

Alternate Daily Choice: Roast Turkey Slices, Carrots

DINNER: Salmon with Dill Sauce, Mashed potatoes, Mixed Peas & Carrots
Chocolate Cream Pie

SUPPER: Baked Spaghetti & Meat Sauce, Garlic Toast, Tangerine Mousse

Saturday

Alternate Daily Choice: Toupie Ham Slices, Carrots

DINNER: Chicken Stew, Tea Biscuit, Cherry Cheesecake

SUPPER: Homemade Baked Beans, Hotdog on a Bun
Vanilla Pudding with Mandarin Orange Wedge

Sunday

Alternate Daily Choice: Roast Beef Slices, Carrots

DINNER: Roast Ham, Pineapple Ring, Gravy, Potato Scallop, Mashed turnip, Peas, Roll
Blueberry Pie

SUPPER: Chicken Dippers & Plum Sauce, Country Style Potatoes, Coleslaw
Chocolate Chip Cookie