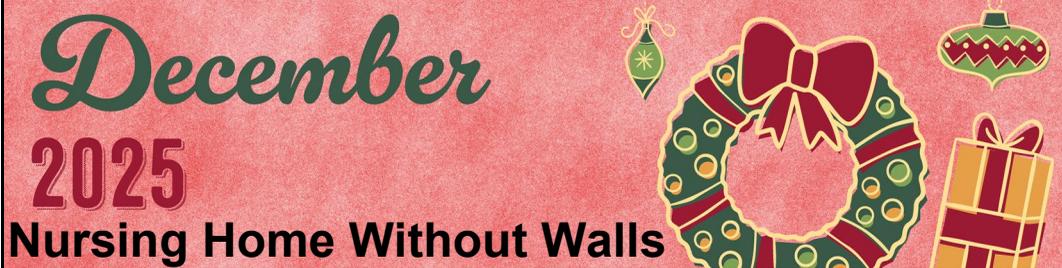


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30 Trivia & Coffee Social Outreach room 2:00 Painting Ornaments Outreach room 	10:30 Exercise class Central Lounge 2:00 Eggnog Social Café 	1:30 Holiday Shopping: McAlister mall 2:00 Impower your finances in retirement Education: Auditorium	 2:00 Holiday Decorating Party- Help decorate the Christmas tree in the Auditorium	10:30 Nutrition Workshop: Cooking for one Outreach room 2:00 Making homemade Christmas Cards Outreach room	
*PLEASE MAKE SURE, TO SIGN-UP FOR ALL PROGRAMS YOU WANT TO ATTEND AS SPACE & SUPPLIES ARE LIMITED. THANK YOU!	1:30 Holiday Movie Matinee & treats! Theater 	10:30 Exercise class Central Lounge 2:00 Hymn Sing with Dawn Central Lounge	2:00 Christmas sweet exchange party in the Café (Must sign up & let us know what sweet you will bring to share!) 	10:30 Ladies Manicures Family room 1:30 Holiday Shopping: Winners/Giant Tiger	9:30 Men's Breakfast With Mike Outreach room 1:30 Craft with Sharon Outreach room	
Hanukkah Begins	2:00 Hot Chocolate bar Social Café 	10:30 Exercise class Central Lounge 2:00 Short Story Tea Social- "Warmth in the winter storm" Family room	2:00 Holiday Sing-a-long and treats Building 3 Lounge 	1:30 Christmas Party with Kevin & Debbie Auditorium (50/50 tickets, door prizes, music, and treats!)	10:30 Christmas cookie decorating Outreach room 	
Winter Begins	10:30 Java Music Club (Theme: "Christmas") Outreach room 	10:30 Exercise class Christmas Bash- Draw for the basket!				
Leanne- 643-7175 ext. 6913 Mike- 285-6389	10:00 Winter Walk & Talk – Auditorium 	10:30 Exercise class Central Lounge- New Year challenge begins! 2:00 New Year's Eve Bingo Bash	2:00 Delbert Central Lounge New Year's Eve			

To register for any of these programs please call **Mahima's cell at 506-721-0335** and leave a message or come by the office