

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



NURSING HOME WITHOUT WALLS

							12:00 Lunch & Learn: The Pink Book Contact Mahima to register Education Room <small>May Day</small>							
3	4	10:30 Exercise Class Auditorium 1:30 Line Dancing with Lily Auditorium <small>Cinco de Mayo</small>	5	1:30 Mother's Day High Tea SRC 	6	3:00 Balance assessments and education from Physio care at home Auditorium	7	(Mahima off)	8	2:00 Music with Ron Maloney CL	9			
 Mother's Day National Skilled Nursing Care Week	10	11:00 Cask & Kettle Lunch Outing (Note that meals will be at your own expense)	11	10:30 Exercise Class Auditorium 2:00 Hymn Sing with Dawn CL	12	1:30 Seated exercise class SRC 1:30 Prize Bingo Auditorium	13	2:00 Music with Country Norm CL	14	(Mahima in Grand Bay) 1:30 Craft with Sharon Outreach room 2:00	15		16	<small>Armed Forces Day</small>
	17	 Victoria Day (Canada)	18	10:30 Exercise Class Auditorium 2:00 Root Beer Floats Café	19	1:30 Prize Bingo SRC 2:00 Java Music Activity room	20	Friendly Home Visits- Call Mahima to book your time for a home visit! <small>Shavuot Begins</small>	21	10:00 Protein Power Nutrition class: learn to make high protein breakfast options! Outreach room	22		23	
	24	1:30 Movie: Annie (1982) Villa Theater <small>Memorial Day</small>	25	10:30 Exercise Class Central Lounge 1:30 Paint birdhouses & mocktails Café	26	1:00 Bus Trip to Pumpkin Patch (Meet at SRC) 2:00 Delbert CL	27	2:00 Karaoke Social Auditorium 	28	2:00 Bone Health and Fracture Prevention (Virtual) Education Room	29		30	 Nursing Homes Without Walls Foyers de soins Sans Mur

31

Legend:
SRC- Senior Resource Centre, Level 3 Brunswick Square
CL- Central Lounge

PLEASE CALL MAHIMA AT 506-721-0335 or 506-643-7175 ext. 6981 TO REGISTER FOR PROGRAMS



NURSING HOME WITHOUT WALLS

May 2026

Announcements

Summer months:

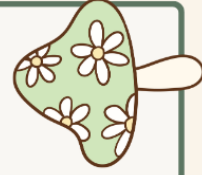
As summer draws near and staff members begin to take their vacations, please be aware that there will be fewer drives or programming options available to accommodate these absences.

Updates:

**Leanne now has a direct line
506-643-6499**

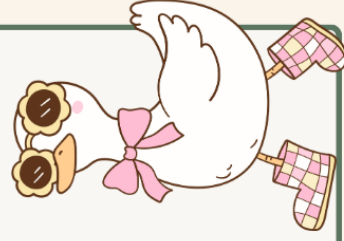
We have added an **additional time slot for the bath days on Tuesday's Bi-weekly.**

If you are interested in this service please call
Leanne.



Reminders

- Our office will be **closed** in observance of Victoria Day on May 18th.
- Please either call or visit the office to **register for ALL programs**. If you are unable to attend, kindly **call to cancel** your participation.
- Physicare at home is coming in for a **balance assessment** on May 7th don't miss out!



Contact Info

Leanne- 506-643-6499

Mahima- 506-721-0335

Mike - 506-285-6389

Theresa - 506-643-7139

