

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Cedar House

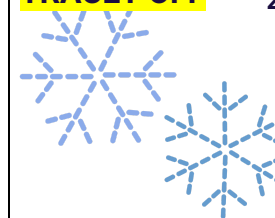


New Year's Day

1

TRACEY OFF

2



3



4

10:00 TV Room
Catena Choir
1-3 CR1 Massage
Therapy

5

Split shift

6

2:00 CR1 BINGO
6:00 CR2 TV
BINGO

ACR Meetings 7

Take Down
Christmas
Decorations

2:00 CR2 Hymns
w/ Dawn

8

10:30 Church w/
Ron
One on One Time

9

Recreation
Meeting

2:00 Dogwood
BINGO

10

Morning Chats
2:00 CR1 Music
w/
Kevin and Debbie

11

**TRACEY OFF**

DAY
off

12

Morning Chats
One on One
2:00 CR1 BINGO

13

Morning Moves
2:00 CR1 Delbert

14

15

10:30 Anglican
Church
Winter Word
Games

16

Colouring Corner
2:00 Dogwood
BINGO

17



18



19

10:00 Catena
Choir
1-3 CR1 Massage
Therapy

Martin Luther King Jr. Day

Split shift

20

2:00 CR1 BINGO
4:30 CR2 Meal
Group

21

ACR Meetings
1-3 Music Therapy
2:00 CR2 Hymns
w/ Dawn

22

Morning Chats
10:30 Hymns w/
James
2:00 Java Time
(small TV Room)

23

Sit and Move
2:00 Dogwood
BINGO

24



25



Enriching Life's Journey

26

Balloon Toss
2:00 CR1 BINGO

Australia Day (Observed)

27

Morning Moves
2:00 Memorial
Service
Villa Auditorium

28

Small Group
Activity
1-3 Music Therapy
2:00 CR2 Bowling

29

Morning Chats
One on Ones
Puzzles

30

Reminiscing
You got Rhythm
2:00 Dogwood
BINGO

31



****SUBJECT TO CHANGE WITHOUT NOTICE****